

Week 1

Week 2

Week 3

Monday

SOUP: ASPARAGUS SOUP (C)
MAIN COURSE: CHICKEN AND ROASTED VEGETABLES IN A THICK TOMATO AND BASIL SAUCE (GF, H, CE)
VEGETARIAN MAIN: TAGLIATELLE WITH CAULIFLOWER AND BROCCOLI CHEESE (V, CE, MU, C, E)
MAINS SERVED WITH A CHOICE OF:
 TOSSED SALAD AND NEW POTATOES
DELI WRAP: CHICKEN AND PEPPERS IN A RICH TOMATO SAUCE (C, H)
DESSERT: APPLE CRUMBLE AND CUSTARD (M,C,V)

Monday

SOUP: CHICKEN NOODLE (V, C, CE)
MAIN COURSE: CHICKEN TIKKA (N, MU,CE,H)
VEGETARIAN MAIN: CAULIFLOWER AND SPINAGE DHANSAK (V, CE, C)
MAINS SERVED WITH A CHOICE OF: RICE AND NAAN
PASTA (E, C)/NOODLE (E, C)/RICE BAR:
 BBQ SAUSAGE (C,E) TOMATO AND BASIL (C,E,CE)
DESSERT: MERINGUE FRUIT FOOL (C, E, M)

Monday

SOUP: TOMATO & BASIL (V,GF, CE)
MAIN COURSE: ALL DAY BREAKFAST
 SAUSAGE (SD, C, MU,CE), BACON (SD), HASH BROWN (GF), TOMATOES, BAKED BEANS, SCRAMBLED EGG (E,M), MUSHROOMS
VEGETARIAN MAIN:
ALL DAY BREAKFAST QUORN SAUSAGE (V, GF,E,M,CE), VEGETABLE PATTIE(C, CE, MU), HASH BROWN (GF), TOMATOES, BAKED BEANS, SCRAMBLED EGG(M,E), MUSHROOMS
DESSERT: FRUIT PANCAKES (C, E, M)

Tuesday

SOUP: SWEET POTATO (V, GF, CE)
MAIN COURSE: CHICKEN LASAGNA (C, E, M, H)
VEGETARIAN MAIN: VEGETABLE LASAGNA (V, CE, E, M)
MAINS SERVED WITH A CHOICE OF: GARLIC BREAD & SALAD
PASTA (E, C)/NOODLE (E, C)/RICE BAR:
 CHILLI BEEF (GF, CE), VEGETABLE CHILLI (GF,V,CE)
DESSERT: CHOCOLATE COOKIE (M,C,E)

Tuesday

SOUP: SWEET POTATO (V, GF, CE)
MAIN COURSE: BEEF LASAGNA (C, CE, E, M, MU)
VEGETARIAN MAIN: MACARONI AND CHEESE WITH CRISPY LEEKS,
MAINS SERVED WITH A CHOICE OF:
 GARLIC BREAD AND LEAF SALAD (V, M, E,CE)
DELI WRAP: CHICKEN TIKKA (H, CE, N, MU)
DESSERT: CHERRY AND ALMOND SLICE (M, N, C, E)

Tuesday

SOUP:SWEET POTATO (V,GF, CE)
MAIN COURSE: PORK AND BEEF MEATBALLS (C,E)
VEGETARIAN MAIN :QUORN MEATBALLS (C,E)
MAINS SERVED WITH A CHOICE OF:
 SPAGHETTI AND GARLIC BREAD
DELI WRAP: THAI GREEN CHICKEN (H, CE)
DESSERT: LEMON DRIZZLE CAKE (C, E, M)

Wednesday

SOUP: TOMATO SOUP (V, GF, CE)
MAIN COURSE: PORK HOT DOG (C, E, SD) IN FLOUR ROLL (SS, C, M)
VEGETARIAN MAIN:
 QUORN HOT DOG SERVED IN FLOUR ROLL (V, S, C SS, M, E)
MAINS SERVED WITH A CHOICE OF: FARMHOUSE FRIES AND HOMEMADE COLESLAW (M, E, MU)
DELI WRAP: CAJUN CHICKEN (H, CE)
DESSERT: STEAMED SYRUP PUDDING WITH CUSTARD (M,E,C)

Wednesday

SOUP: POTATO & SPINACH (CE, GF, V)
MAIN COURSE: PEPPERONI PIZZA (C,E,M)
VEGETARIAN MAIN: CHEESE AND TOMATO (V, M, C, CE, E)
MAINS SERVED WITH A CHOICE OF: FARMHOUSE FRIES AND HOMEMADE COLESLAW (M, E, MU)
DESSERT: CHOCOLATE CAKE AND CUSTARD (C, M, E, SD)

Wednesday

SOUP: MUSHROOM SOUP (V,GF, CE)
MAIN COURSE: BEEF BURGER (C,E,M)/CHICKEN BURGER (C,E,H)
VEGETARIAN MAIN: VEGETABLE BURGER (V, M, S)
MAINS SERVED WITH A CHOICE OF: FARMHOUSE FRIES AND HOMEMADE COLESLAW (M, E, MU)
DESSERT: GRANOLA AND MANGO GREEK YOGHURT (C,M,N)

Thursday

SOUP: VEGETABLE (V, S, CE, GF)
MAIN COURSE: BAKED GAMMON (MU, CE, S)
VEGETARIAN MAIN: CHEESE AND ONION PIE (M, V)
MAINS SERVED WITH A CHOICE OF:
 ROAST POTATOES PEAS & GRAVY (M,C,MU,)
DESSERT: FLAPJACK (C)

Thursday

SOUP: CARROT AND CORRIANDER (V, CE, C)
MAIN COURSE: ROASTED PORK WITH ROASTED POTATOES, SEASONAL VEGETABLES, GRAVY (CE,GF) SAGE AND ONION STUFFING (C, M, CE)
VEGETARIAN MAIN: RED VEGETABLE CHILLI WITH BRAISED RICE (V, GF, CE, E)
PASTA(E,C)/NOODLE(E,C)/RICE BAR: SWEET AND SOUR CHICKEN (CE, SD, CE, C, E) HOI SIN VEGETABLES (GF, V,CE)
DESSERT: APPLE AND PEAR CRUMBLE WITH CUSTARD (C, E, M)

Thursday

SOUP: POTATO AND SPRING ONION (V,GF, CE)
MAIN COURSE: TEX MEX
 PIRI PIRI CHICKEN WINGS (H,GF, CE), CHILLI BEEF ENCHILLADA (CE,C, SS)
VEGETARIAN MAIN: VEGETABLE ENCHILLADA (V, S, SS, M)
MAINS SERVED WITH A CHOICE OF: POTATO WEDGES (GF), SWEETCORN AND PEPPERS (GF)
DESSERT: FARMHOUSE FRUIT CAKE AND CUSTARD (M,E,C)

Friday

SOUP: CARROT AND CORRIANDER (V, C, CE)
CHIP SHOP DAY - MAIN COURSE: BATTERED COD FILLET (F, M, E, C, MU), CHICKEN KEBAB STYLE MEAT (H,GF, MU,CE) MINCE BEEF AND ONION PIE (CE, C,M,E) CHEESE AND ONION PASTIE (V, C, E, MU, M)
MAINS SERVED WITH A CHOICE OF: WITH FARMHOUSE FRIES, MUSHY PEAS, CURRY SAUCE, GRAVY
DESSERT: STRAWBERRY JELLY (GF)

Friday

SOUP: VEGETABLE (V,GF, CE)
MAIN COURSE: BREADED CHICKEN GOUJONS (H, M, E, C, MU)
VEGETARIAN MAIN: CHEESE AND ONION PASTY (V, C, E, MU, M)
MAINS SERVED WITH A CHOICE OF: FARMHOUSE FRIES, PEAS
DESSERT: STRAWBERRY MOUSSE (C, M, E, SD)

Friday

SOUP: BROCCOLI (V,GF, CE)
MAIN COURSE: BATTERED COD FILLET (F, M, E, C, MU)
VEGETARIAN MAIN: SOUTHERN STYLE CRISPY QUORN BITES (V, C, E,CE)
MAINS SERVED WITH A CHOICE OF: WITH FARMHOUSE FRIES & PEAS
DESSERT: SHORTBREAD (C, E,M)

ALLERGENS KEY C - CEREALS CONTAINING GLUTEN P – PEANUTS N - NUTS (TREE NUTS IE. ALMONDS, WALNUTS) M – MILK S – SOYA

MU – MUSTARD L – LUPIN E – EGGS F - FISH CR - CRUSTACEANS (PRAWNS) MO - MOLLUSCS (SCALLOPS, MUSSELS) SS - SESAME SEED

CE – CELERY SD - SULPHUR DIOXIDE CUSTOMER INFORMATION V – VEGETARIAN H – HALAL GF – GLUTEN FREE

Week 4

Monday

SOUP: POTATO AND LEEK (V, GF, CE)
MAIN COURSE: CHILLI CON CARNE WITH BRAISED RICE (CE) AND TORTILLAS (C, M, E, SS, S)
VEGETARIAN MAIN: CHUNKY RATATOUILLE WITH BASIL, GARLIC AND HERB POTATOES (V, GF, CE)
MAINS SERVED WITH A CHOICE OF: TOSSED SALAD
DELI WRAP: ITALIAN CHICKEN (CE, H, MU)
DESSERT: LEMON AND LIME DRIZZLE CAKE AND CUSTARD (E, C, M)

Tuesday

SOUP: MUSHROOM (V, GF, CE)
MAIN COURSE: CURRY BAR
 CHICKEN TIKKA, CHICKEN KORMA,
VEGETARIAN MAIN: POTATO AND SPINACH DHAL (GF, V, CE)
MAINS SERVED WITH A CHOICE OF: BRAISED RICE (GF, CE), FLAT BREAD (C, E, M, SS)
PASTA(E,C)/NOODLE(E,C)/RICE BAR: CHICKEN IN TOMATO AND BASIL SAUCE (GF, H, CE) TOMATO AND BASIL (GF, V, CE)
DESSERT: FROSTED CARROT CAKE (C, E, M, SD)

Wednesday

SOUP: SPINACH (V, GF, CE)
MAIN COURSE: CHICKEN AND SWEETCORN PIE (C, H, CE, M, E) STEAK PIE (C, CE, M, E)
VEGETARIAN MAIN: VEGETABLE CORNISH PASTY (V, C, M, E)
MAINS SERVED WITH A CHOICE OF: FARMHOUSE FRIES AND HOMEMADE COLESLAW (M, E, MU)
DESSERT: ORANGE JELLY (V,GF,)

Thursday

SOUP: FIVE BEAN (V, C, CE)
MAIN COURSE: PORK SAUSAGE (SD) WITH GRAVY (GF, CE)
VEGETARIAN MAIN: BAKED QUORN SAUSAGES (V, CE, M) WITH GRAVY
MAINS SERVED WITH A CHOICE OF: CREAMED POTATO, GARDEN PEAS
PASTA (E, C)/NOODLE (E, C)/RICE BAR: BEEF AND TOMATO (GF, CE) TOMATO AND PEPPER (GF, V, CE)
DESSERT: CHOCOLATE CONCRETE AND CUSTARD (C,M,E,)

Friday

SOUP: SWEET POTATO (V, GF, CE)
MAIN COURSE: BREADED CHICKEN GOUJONS (H, M, E, C, MU)
VEGETARIAN MAIN: CHEESE AND ONION PASTY (V, C, E, MU, M)
MAINS SERVED WITH A CHOICE OF: FARMHOUSE FRIES, PEAS
DESSERT: CHOCOLATE CORNFLAKE CRUNCH (C, M, E,)

Available Everyday

JACKET POTATOES WITH VARIOUS FILLINGS

DAILY SELECTION OF FRESHLY PREPARED PANINI'S

SELECTION OF FRESHLY PREPARED HOT AND COLD DESSERTS



WEEK1					WEEK2					WEEK3					WEEK4				
JAN										FEB									
7	8	9	10	11	4	5	6	7	8	1	2	3	4	5	8	9	10	11	12
14	15	16	17	18	11	12	13	14	15	1	2	3	4	5	8	9	10	11	12
21	22	23	24	25	25	26	27	28		1	2	3	4	5	8	9	10	11	12
28	29	30	31							1	2	3	4	5	8	9	10	11	12
MARCH										APRIL									
M	T	W	T	F	M	T	W	T	F	1	2	3	4	5	8	9	10	11	12
				1						1	2	3	4	5	8	9	10	11	12
4	5	6	7	8						1	2	3	4	5	8	9	10	11	12
11	12	13	14	15						1	2	3	4	5	8	9	10	11	12
18	19	20	21	22						1	2	3	4	5	8	9	10	11	12
25	26	27	28	29						1	2	3	4	5	8	9	10	11	12



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